



Lumo
company

UpsideDown

"Professional performing, a really well built show, funny, important topics, students were watching full of interest. It's rare to see something that works this well."

- Teacher

The show

UpsideDown tells stories of growing up and dealing with our own insecurities. How do we stay self-confident? And how do we keep believing in our dreams when people try to put us down?

The performers draw from their own experiences, telling stories about dreams, courage and bullying with warmth and humour. Acrobatics, handstanding and unicycle bring life to the stories in a unique way. By combining storytelling with physical theatre and circus the performers create a moving and exhilarating show which is against bullying. The show will touch your heart and thrill your senses.



#courage #dreams #beyourself

These are the themes that UpsideDown is made of.

For whom and where

UpsideDown is designed for schoolchildren 7-12 and it's suitable also for older students. It's made to be performed in schools, which gives us the opportunity to bring culture and performing arts right where children and youngsters are.

Interaction between the performers and the audience is an important part of the show. The interactive conversation after the show gives the audience a possibility to process what they've seen and talk with the performers.

The show's Instagram account @ylosalas is a great way to stay in touch with the audience after the show.

Company

Lumo Company is a Finnish contemporary circus company which creates innovative and expressive art with a physical and visual expression, not forgetting the social engaging themes.

Watch the trailer

Duration

The show 25 min
+ interactive conversation 15 min

Venue alternatives

Stage, school's sports hall or classroom

Width: 5 m

Depth: 4 m

Height: 4 m

2 people on the tour + at stage venues there is need for a light technician

Spoken language

Finnish

Age recommendation

Schoolchildren to students

Building up

1h

Building down

15 min

Concept and direction

Hanna Moisala & Heidi Niemi

Performers

Sini Napari & Elina Raasakka

Outside eye

Anu Niemi

Premiere year

2015

Support

The Finnish Cultural Foundation



"Super important themes. We'll continue talking about this later with my class."

- Teacher

"5 stars and 2 thumbs-ups"

- Schoolchild

"It's really important to bring culture to schools because for many kids this will remain the only touch of culture they get. I feel it's also important that you interact with the kids, that way they get way more out of this."

- Director of a school



@lumocompany

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